

## Lori Ostenfeld Bio

Inspirational Speaker. Writer. Coach. Happiness Activist.

Lori Ostenfeld is an agent for social regeneration and transformer of women. A former corporate executive turned entrepreneur, she inspires women to be outrageously happy and wildly successful by doing what they love and loving what they do.

In her coaching practice, Ms. Ostenfeld uniquely combines her wisdom, intuition, compassion, and an occasional touch of “sassiness” to guide her clients to identify and gently “move to the side” what’s standing in the way of their personal and professional success, evoking an extra-ordinary opportunity for growth. They learn to love and accept themselves by transforming their relationship with their *Inner Perfectionista™* (aka their inner critic).

Ms. Ostenfeld has served in leadership positions at top-tier companies including Goldman Sachs, JPMorgan, Spencer Stuart and Accenture. She is the founder of Living Happy®, The Happyness Coach, Enlightened Living International and Lovecakes by Lori. She is a member of the International Coach Federation, a Certified Professional Coach, Transformational Life Coach and Certified Happiness and Success Coach. Ms. Ostenfeld holds a Bachelor of Science in Nutrition from the University of Delaware and a Masters in Business Administration from the Wharton School.